

WCCUSD students trying new items for future menus!



MEAL BOX MENU FOR KIDS FROM THE WCCUSD Food Services Department

We will continue distributing a meal box of fresh produce and the following items for families to cook at home for their children 18 years of age and younger at **NO CHARGE!** Available on **Thursday, July 29th** at the following **9 curbside meal sites** between 8am to 1pm. **While Supplies Last!**

**Nystrom Elementary,
Hercules, Helms, DeJean & Pinole Middle
El Cerrito, DeAnza, Kennedy & Richmond High**

Pinole Valley is now closed. The nearest schools available are Pinole Middle, De Anza & Hercules Middle

BOX CONTAINS:

**Organic Whole Chicken
Or Organic Peanut Butter (as a Vegetarian Entree)
+**

**Organic Cereal
Organic Rice
Organic Pasta
Organic Sweet Potatoes
Organic Bananas
Organic Peaches
Organic 2% White Milk**

**Supplies are limited
Alternative boxes
may contain the following items
ONLY at the following sites:**

El Cerrito High

**Chicken
Eggs
Cheese
Yogurt
Celery
Potatoes
Apples
Gallon of Milk**



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¡Estudiantes de WCCUSD probando nuevos artículos para futuros menús!



MENU DE CAJAS DE ALIMENTOS DE PARTE DEL SERVICIO DE ALIMENTOS DE WCCUSD

Continuaremos distribuyendo una caja de productos frescos con los siguientes artículos para que las familias lo cocinen en casa para sus niños de 18 años de edad y menores **SIN NINGUN COSTO!** Disponible el **Jueves 29 de Julio** en las siguientes 9 escuelas **entre 8am a 1pm Hasta agotarse!**

**Nystrom Elementary,
Hercules, Helms, DeJean & Pinole Middle
El Cerrito, DeAnza, Kennedy, & Richmond High**

Pinole Valley ya esta cerrada. Las ubicaciones más cercanas son Pinole Middle, De Anza y Hercules Middle

La Caja Contiene:

**Pollo Entero Orgánico
O Mantequilla de Maní Orgánico (como un platillo vegetariano)**

+

**Cereal Orgánico
Arroz Orgánico
Cereal Orgánico
Pasta Orgánica
Camote Orgánico
Bananas Orgánicas
Duraznos Orgánicos
Leche Reducida en Grasa Orgánica**



Las cajas son limitadas
Cajas alternativas de alimentos
 pueden contener
 los siguientes artículos
 en las siguientes locaciones:

El Cerrito High

**Pollo
Huevos
Queso
Yogurt
Apio
Papas
Manzanas
Un Galón de Leche**



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Para mas informacion visita nuestra pagina web www.wccusd.net o llama al 510-307-4580





Safe Food Handling Practices During COVID-19

For additional COVID-19 Guidance, please visit the School and Child and Adult Day Care Meals COVID-19 guidance web page at <https://www.cde.ca.gov/ls/he/hn/schoolmeals.asp>

Receiving and transporting foods to bring home:

- Keep hot food at or above 135°F—place in an insulated container during transport if possible.
- Keep cold food at or below 41°F— place in a cooler with a cold source such as ice or frozen gel packs during transport if possible.

Storing and preparing foods:

- Immediately refrigerate or freeze any foods that will not be consumed within two hours of arriving home.
- Designate separate preparation areas in the kitchen for raw and cooked foods.
- Never place cooked food back on the same plate or cutting board that held raw food.
- Wash cutting boards, dishes, utensils, and counters frequently with hot, soapy water.
- Wash hands with soap and warm water for at least 20 seconds before and after handling food.

Reheating foods:

- Use the stove, oven, microwave to reheat food to 165°F.
- Bring sauces, soups, and gravies to a boil.

How long to keep foods:

- Discard refrigerated foods after four days.
- Discard food left out at room temperature for more than two hours.



Be Food Safe! Prepare with Care:

- **CLEAN:** Wash hands, utensils, cutting boards, and countertops often.
- **SEPARATE:** Keep raw meat, seafood, and poultry away from ready-to-eat foods.
- **COOK:** Cook food to the correct temperature. Use a food thermometer.
- **CHILL:** Refrigerate promptly.

Resources:

- The U.S. Department of Agriculture (USDA) 7 Food Safety Steps for Successful Community Meals: <https://bit.ly/2XsKguK>
- The USDA Food Safety Counts! (PDF): <https://bit.ly/2UWvvPk>
- The USDA Food Safety Tips for Home Delivered Meals (PDF): <https://bit.ly/39YJGrI>

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Starting on July 22nd We will continue distributing Meal Boxes for the kids ONLY at the following 9 school sites



All people in the vehicle
must wear a facemask
before pulling up



Open your Trunk
& Place the
Meal boxes Inside



Every Thursdays from 8am to 1pm

Nystrom Elementary
DeJean, Helms
Hercules & Pinole Middle
De Anza, El Cerrito, Kennedy,
& Richmond High



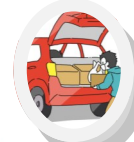
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Comenzando el 22 de Julio Seguiremos distribuyendo Cajas de alimentos para Niños SOLAMENTE en las siguientes 9 escuelas



Todas las personas
dentro del auto deberán usar
cubrebocas antes de ingresar



Habra su cajuela y
coloque las cajas de
alimentos dentro del auto



Cada jueves de 8am a 1pm

Nystrom Elementary
DeJean, Helms
Hercules & Pinole Middle
De Anza, El Cerrito, Kennedy,
& Richmond High



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